

Emergency Preparedness List

Basic Supplies

- ★ Water: 1 gallon per day per person (3-day supply for evacuation, 2-week supply for home)
- ★ Food: non-perishable (3-day supply for evacuation, 2-week supply for home)
- ★ Waterproof matches, fire-starter, lighters, etc.
- ★ Tools to shut off utilities such as gas or water if leaking
- ★ Manual can opener
- ★ Whistle(s)
- ★ Dust masks – N95 or Surgical masks + goggles + latex free surgical gloves
- ★ Deluxe family first aid kit
- ★ Flashlight(s) w/ extra batteries
- ★ Battery-powered or hand-crank radio w/ NOAA weather feature w/ extra batteries
- ★ Medications (7-day supply) and medical items
- ★ Multi-purpose tool / Scissors / Knife
- ★ Sanitation, feminine supplies and personal hygiene items
- ★ Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- ★ Cell phone with chargers
- ★ Family and emergency contact information
- ★ Cash – in event of loss of power ATMs will not be working.
- ★ Emergency blankets
- ★ Map(s) of the area + Compass
- ★ Emergency reference book

Consider the specific needs of your family:

- ★ Medical supplies (hearing aids with extra batteries, glasses, contact lenses, syringes, etc.)
- ★ Baby supplies (bottles, formula, baby food, diapers)
- ★ Games and activities for children
- ★ Pet supplies (collar, leash, ID, food, carrier, bowl)
- ★ Two-way radios (walkie-talkies)
- ★ Extra set of car keys and house keys

Additional items to keep handy:

- ★ Portable Solar Charger
- ★ Water filtration
- ★ Emergency / Camping stove with fuel
- ★ Tent / Blankets and Sleeping bags
- ★ Rain gear
- ★ Towels
- ★ Work gloves
- ★ Tools / supplies for securing your home
- ★ Plastic sheeting
- ★ Duct tape
- ★ Extra clothing, hat and sturdy shoes
- ★ Household liquid bleach – plain, not scented or color-safe. Can be diluted and used in an emergency to disinfect (1 part bleach to 9 parts water) or to treat water (16 drops per gallon)
- ★ Non-prescription medications such as pain relievers, antacid, anti-diarrhea, antibiotic ointment, etc.

